

Archetype Self-Assessment Profile

Check the qualities that apply to you, circle those ones that are specific

Wood Archetype:

The Pioneer

- Feels confident, act assertively
- Ambitious and enjoys competition
- Openly discusses abilities and achievements
- Comfort with challenges, conflicts, and pressures
- Enjoy being first, best, and unique
- Right, even if other disagree or disapprove
- Tendency to be pushy or provocative, intolerant, impatient, and/or impulsive
- Pleasures in public recognition
- Comfortable directing and leading others
- Follow my own hunches, take initiative
- Comfortable with bold, decisive action
- Tendency to argue with opinions, especially those of me
- Seek to challenge and push the limits
- Loves action, movement, and adventure
- Can be emotionally volatile
- Tendency towards abuse of stimulants and sedatives
- Dislike conflicting purposes, choices, and impulses
- Obsessed with solutions, change, and independence
- Aversion to being powerless, bondage, and dependency
- Emotionally, need to be aroused
- Fears being helpless

Fire Archetype:

The Wizard

- Enjoy the pleasure of my senses
- Intuitive about what others think or feel
- Seek physical contact, emotional intimacy
- Seek excitement and stimulation
- Easily share innermost feelings and desires
- Tend to live in the hear-and-now
- See the humorous side of life
- Get involved easily, moved emotionally
- Optimistic and hopeful no matter what
- Identify with another's joy and pain

- Unabashed affection, enthusiasm, and excitement
- Enjoy being attractive and magnetic
- Believe in the power of charisma and desire
- Loves sensation, drama, and sentiment
- Tendency towards anxiety, agitation, hyperactivity, and moodiness
- Can have bizarre perceptions and sensations
- Dislike conflicting needs, desire, and attractions
- Obsessed with pleasure, intimacy, and seeking the Divine
- Aversion to separation, boredom, and pain
- Emotionally, need to be in love
- Fear being cut off

Earth Archetype:

The Peacemaker

- Agreeable and accommodating
- Nurturing, putting other's needs first
- Seek socializing with friends and family
- Seek being relied upon for reassurance and help
- The hub of my social and family networks
- Mediate disputes so that all are satisfied
- Involved in other people's lives
- Create comfortable environments for others
- Loyal and accessible
- Diplomatic and tactful- a consensus builder
- Happy to rely on skills and intelligence of others
- Like getting close and being needed
- Comfortable and open, even with strangers
- Desire to be all things to all people
- Seek harmony and togetherness
- Like security and predictability
- Tendency to worry, obsess, and self-doubt
- Can be meddling, overprotective, and overextending
- Dislike conflicting roles, loyalties, and frames of reference
- Obsessed with manipulation, pleasing others, and security
- Aversion to change, dislocation, and independence
- Emotionally, need to be needed
- Fear being lost

Metal Archetype:

The Alchemist

- ___ Prefer a neat and orderly lifestyle
- ___ Enjoy convivial but undemanding social life
- ___ Committed to moral principles, conduct, and reason
- ___ Enjoy logical, systematic problem solving
- ___ Meticulous, tasteful, discriminating
- ___ Self-contained
- ___ Appreciate well defined goals and guidelines
- ___ Accept authority of those with more competence
- ___ Enjoy solving puzzles and mysteries
- ___ Virtue and principle come before pleasure and fulfillment
- ___ Temperate and moderate
- ___ Like things to run calmly and smoothly
- ___ Revere beauty, ceremony, and refinement
- ___ Tendency to be indifferent, formal, distant, and inhibited
- ___ Can be autocratic, strict, and persnickety
- ___ Tend toward self-righteousness, disillusionment, indifference, aloofness, and shy
- ___ Dislike conflicting norms, standards, and rewards
- ___ Obsessed with perfection, order, and differences
- ___ Averse to spontaneity, pollution, decrepitude
- ___ Emotionally, needs to be right
- ___ Fear being corrupt

Water Archetype:

The Philosopher

- ___ Cautious, sensible, and self-sufficient
- ___ Enjoy solitude, cherish privacy
- ___ Curious and imaginative
- ___ Keep feelings, thoughts, and opinions to myself
- ___ Content on being anonymous, hidden, and enigmatic
- ___ Don't mind being unusual or eccentric
- ___ Articulate, clever, and introspective
- ___ Penetrating, critical, and scrutinizing
- ___ Excited by intellectual pursuits; seeks knowledge and understanding
- ___ Careful about what I reveal to others
- ___ Stubborn defender of the truth as I see it
- ___ Patient and preserving in spite of defeats
- ___ Objective and fair, regardless of others
- ___ Content figuring things out for myself
- ___ Tend toward isolation and loneliness
- ___ Can be tactless, unforgiving, suspicious, and skeptical
- ___ Dislike conflicting visions, stories, expectations
- ___ Obsessed with mysteries, facing death, and facts
- ___ Averse to exposure, distraction, and dissolution
- ___ Emotionally, need to be protected
- ___ Fear being extinct